



11th

## IUHPE European Conference on Health Promotion Health Promotion: Transformative action in a changing Europe

15-16 JUNE 2021, GIRONA

# HEALTHY PUBLIC POLICY: LOCAL EXPERIENCE IN GIRONELLA, CATALONIA

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## Introduction

This project models municipal healthy public policies based on **health promotion and teamwork** through the Local Health Plan from Gironella, in order to **improve people's health and quality of life** by:

- Promoting intersectoral actions on issues affecting the health and well-being of the population.
- Developing municipal teamwork among the agents involved.





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## Methodology

	DIAGNOSIS	EXECUTION	FOLLOW UP
Who?	Health Services, City Hall (politicians and technicians), citizens, schools, associations	Coordinator group (health services, city hall, citizens)	Health Counsel (health services, city hall, citizens)
How?	Word cafes, meetings, debates, surveys...	Analyse the diagnosis, creation of the Local Health Plan, determine actions	Creation of the Health Counsel, implementation of the actions, such as free psychological service due to Covid-19, changes in the health system to make it more accessible, implementing social prescription

## Results and Conclusions

Teamwork and synergies from different areas of the community have led to the development of cross-cutting actions, which have been identified and prioritized, and have also allowed collective empowerment and social interaction. The Local Health Plan has facilitated the cooperation and interaction between agents during Covid-19, allowing a better understanding of the situation and benefiting our citizens.